

Listado póster – XXXV Congreso SEÑ

Para buscar su abstract: "Ctrl. + F"

Código DEF.	Título
P1-01	Alcoholic beverages through online sales. Free access for minors to purchase
P1-02	Presence of sugars and total content in non-alcoholic beers marketed in Spain
P1-03	Comparative analysis of food information and graphics included in the labelling of flavoured yoghurts marketed in online supermarkets in Spain
P1-04	Proposal for an Innovative Approach to Food Security in Honduras 2026-2030
P1-05	Comparative analysis of the fatty acid profile in beef from Minhota and Sayaguesa breeds
P1-06	Fatty acid profile of different fat deposits in ox beef carcasses
P1-07	Influence of fat particle size on the cooking loss and texture profile of beef burgers
P1-08	Quince (Cydonia oblonga Mill.) waste by-product characterization as a potential functional ingredient
P1-09	Validation of a Tool for Assessing Sanitary Risk in Food Service Establishments
P1-10	From Satellites to Soil: Remote Sensing as a Catalyst for Sustainable Food Security
P1-11	Assessment of Higher Education Students' Understanding of One Health and Food Sustainability
P1-12	Perception of dairy products among consumers in Madrid who will and will not buy dairy products containing by-products from the agri-food industry
P1-13	Traditional Food Practices in the Democratic Republic of Congo: Exploring Protein Sources with an Emphasis on Edible Insects and Recipe Adaptation
P1-14	A novel natural ingredient to improve the safety and quality of plant-based fermented foods
P1-15	Toward sustainable food environments: associations between dietary bisphenol/microplastic exposure and bmi in children

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24-26 junio
2026

XI REUNIÓN DE JÓVENES INVESTIGADORES

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2026

SEDE: PALACIO DE CONGRESOS CONDE ANSÚREZ, UNIVERSIDAD DE VALLADOLID

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| P1-16 | Environmental impact of mediterranean, dash, and american dietary patterns derived from current dietary guidelines |
| P1-17 | Impact of climate change on the nutritional and mental health of children and women in South America: A narrative review approach |
| P1-18 | Development of a huauzontle (<i>Chenopodium berlandieri</i> subsp. <i>nuttalliae</i>) bread as functional food: Nutritional profile, technological parameters and polyphenol content. |
| P1-19 | A novel natural ingredient to improve the safety and quality of plant-based fermented foods |
| P2-01 | Prevalence of osteoporosis, osteopenia and sarcopenia in adults with Down syndrome |
| P2-02 | Postprandial glycaemic effects of carob and carob-derived products in healthy adults: a systematic review of clinical trials |
| P2-03 | Permeability and metabolism of hydroxytyrosol across an in vitro human blood–brain barrier triculture model |
| P2-04 | Physical activity, food intake, nutritional status and bone mineral density in adults from the eastern rural area of Honduras |
| P2-05 | Vitamin C dietary intake and Status and Mediterranean Diet adherence in KEPHENOL |
| P2-06 | Influence of the combined treatment, ozone and drying, on the physicochemical and functional properties of bee pollen |
| P2-07 | Effects of administering <i>Opuntia</i> extracts for the prevention of metabolic dysfunction in a dietary rodent model |
| P2-08 | Obesity and gestational diabetes mellitus are associated with altered breast milk fatty acid profile and myo-inositol levels |
| P2-09 | Hormonal Alterations and Their Relationship with Anthropometric Parameters in Adolescents with Recent-Onset Anorexia Nervosa: Preliminary analysis of the PSYNIGED study. |
| P2-10 | Evaluation of health-promoting properties of yogurts with watermelon by-products at two refrigerated storage times |
| P2-11 | Study of consumer perceptions of balanced diets and dairy products. |
| P2-12 | Relationship between intramuscular fat content and polyunsaturated fatty acids in Mantequera Leonesa beef |
| P2-13 | Fruit consumption and nutritional profile in university students: influence of sociodemographic and health factors |
| P2-14 | Adherence to and knowledge of the Mediterranean diet among university students: analysis of associated factors |
| P2-15 | Nutritional gap in fish-based complementary feeding: fatty acid profiling of commercial baby foods in Spain |

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| P2-17 | Cluster-analysis identification of dietary patterns in adolescent patients with anorexia nervosa in their first episode and in healthy adolescents. |
| P2-18 | Metabolomic response to two hypocaloric diets in individuals with different degrees of obesity classified using a novel obesity index (OBIindex) |
| P2-19 | Validation of a simple omega-3 index method in a Spanish population over 60 years old |
| P2-20 | Identification of Fibromodulin in Adipose Tissue as a Potential Therapeutic Target In Children with Obesity |
| P2-21 | Unintended effects of common drugs on dietary histamine metabolism |
| P2-22 | Characterization of the Spanish Rice-Based Beverage Market and Preliminary Insights into LAB-Mediated Metal(oid)s Detoxification |
| P2-23 | From refined starches to pseudocereals in gluten-free breads: ingredient patterns and their mineral contribution to nutritional reference values |
| P2-24 | Fluid intake habits and overactive bladder: Are common beverages associated with storage symptoms? |
| P2-25 | Evaluation of the Polyphenol Content of Commercial Cocoa Powders and Their Influence on the Intestinal Microbiota |
| P2-26 | The gamma-glutamyl transferase to high-density lipoprotein cholesterol ratio is a good surrogate marker for screening of metabolic dysfunction-associated fatty liver disease |
| P2-27 | Breakfast food choices in Spanish children and adolescents: An age-group comparison from the EnComCol Study |
| P2-28 | Vulnerabilidad, alimentos con función terapéutica e investigación |
| P2-29 | GLP-1 Receptor Agonists and Chronic Pain: Proposed Mechanisms and Emerging Clinical Evidence |
| P2-30 | Normalization Of Childhood Obesity And Maternal Risk Perception In Rural Chile: Implications For Sustainable Nutrition And Early Prevention |
| P2-31 | A diet supplemented with thiotic antioxidants improves leukocyte functions and redox state in adult, old and long-lived mice in response to an endotoxic shock |
| P2-32 | Impact of the food additive Allura Red intake on behavior, immunity and oxidative stress in young and adult mice |
| P2-33 | Food additive profiles in processed meat products commercialized in Spain: evidence from the BADALI database |
| P2-34 | Breakfast habits, nutritional quality, and antioxidant capacity of common breakfast patterns in Murcian teenagers |

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P2-36	Impact of a nutritional intervention and weight loss on lower-limb joint pain
P3-01	Globally Applicable Approaches to Improve Protein Estimation: Updating Nitrogen-to-Protein Conversion Factors for the Chilean RSA
P3-02	Effectiveness of generative artificial intelligence as a support tool in academic nutritional research
P3-03	Healthy Eating and Hydration Habits through Educational Robotics in a University Program for Students with Disabilities: Promotion the One Health
P3-04	One Health: Analysis of healthy hydration habits in schoolchildren for a proposed intervention using educational robotics
P3-05	Omega-3 and bovine milk exosomes supplementation improved fatty acid profile and intestinal morphology in rat offspring exposed to maternal protein malnutrition
P3-06	Development and Validation of the Nutriveca Software Tool for Automated Nutritional Assessment of 24-Hour Dietary Recalls
P3-07	Impact of high-pressure (HPP) and high-pressure thermal processing (HPTP) on mineral bioaccessibility in a Juice–Milk based beverage
P3-08	Humanized and equitable support for oropharyngeal dysphagia through mobile health: development of DegluApp
P3-09	Modelling frailty in older adults hospitalised with cardiovascular disease using neural networks: the contribution of segmental phase angle in a pilot observational study
P4-01	Integrative microbiome analysis reveals distinct functional signatures of buttermilk-based beverages in diet induced obesity model
P4-02	Development of a Precision Nutrition–Driven Decision Algorithm for Physical Decline Risk in Older Adults
P4-03	Amino acid and mineral content in meat lamb from different breeds and productions systems
P4-04	An estimation of bioaccessible low-glycemic index carbohydrates and iron from Chenopodium quinoa reveals the need for mineral supplementation when used in pregnant women.
P4-05	Exploring phenylketonuria through volatilomics: An HS-SPME-based urinary approach
P4-06	Comparative profiling of urinary polyphenolic metabolites in pediatric phenylketonuria and hyperphenylalaninemia
P4-07	Exploring Non-linear Dose–Response Relationships Between Protein Sources and Physical Function in Older Adults

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| P5-1 | Physical activity among children and adults in rural Honduras: a foundation for evidence-based public health initiatives |
| P5-2 | Knowledge, perceptions, and dietary and physical activity habits in adults: pre-workshop survey of the Dale una vuelta healthy lifestyle program |
| P5-3 | Six-month dietary and lifestyle changes after diagnosis are associated with improved body composition in women with celiac disease |
| P5-4 | Bridging Education and Public Health: Systematic Review of Misconceptions in Food and Nutrition |
| P5-5 | Influence of resistance training on immune markers in Anorexia Nervosa: preliminary results |
| P5-6 | Effectiveness of university-based interventions for the promotion of healthy lifestyles: a systematic review |
| P5-7 | Impact of GLP-1 and GIP analogs on body weight, dietary adherence, and physical activity levels in real-world clinical practice. |
| P5-8 | Effect of the honey powder production process on certain functional properties of the bioaccessible soluble fractions. |
| P5-9 | Comparative evaluation of animal-based products and their plant-based alternatives: nutritional composition, antioxidant capacity, and effects on cellular viability. |
| P5-10 | Biological properties of the bioaccessible fractions of five nuts. |
| P5-11 | Nutritional composition, antioxidant capacity and anti-inflammatory activity of cooked meat products and their plant-based analogues. |
| P5-12 | Effect of a physical exercise intervention on sedentary behavior in children and adolescents with cystic fibrosis treated with CFTR modulators: The Fiqmode Study |
| P5-13 | Relationship between nuts consumption in a Mediterranean diet framework, physical fitness and health among older adults living in Madrid. EXERNET 3.0 |
| P5-14 | The role of functional fitness in shaping lifestyle and health outcomes in metabolic syndrome |
| P5-15 | Lifestyle habits and nutritional status of young rink-hockey players: NUTRI-OK study |
| P5-16 | Changes between 2019 and 2022 in physical activity habits, screen time, diet, and skipping breakfast among children and adolescents in Andalusia. |
| P5-17 | Exercise in women through the lens of exposomics: coupling metabolic profiling and dietary status |
| P5-18 | Meal patterns in Spanish children and adolescents. EnComCol Study. |
| P5-19 | Socio-economic factors associated with patterns of ultra-processed food consumption in schoolchildren from Madrid: the ENPIMAD Study |

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P5-21	Urinary polyphenol metabolite profiling in young rink-hockey players
P5-22	Influence of Whey Protein Consumption on Anthropometric Indicators and Physical Capacity Following a Resistance Training Program in University Students.
P5-23	Macro and micronutrients analysis of a dietary input from children school cafeteria in the South of Spain.
P6-01	Skinfolds differences between overweight and obese women: an exploratory study.
P6-02	Anthropometric and biochemical determinants of cardiometabolic risk: A focus on central adiposity and functionality in older adults
P6-03	Dietary management of glutaric aciduria type 1 in Spain: variability, adherence and quality of life
P6-04	Effect of a silibinin-enriched extract on body weight and metabolic parameters in overweight or obese subjects: a randomized placebo-controlled clinical trial
P6-05	Unmet information needs of Spanish female breast cancer survivors on chemical pollutants: a qualitative study
P6-06	A study of the chemopreventive effect of encapsulated germinated soybeans in a murine model
P6-07	Gut microbiota does not explain metabolic similarities in individuals who consumed cashew nuts (<i>Anacardium occidentale</i> L.) or cashew oil with an energy-restricted diet: Brazilian Nuts Study
P6-08	Nutrition assessment of the hospital diet in the pediatrics unit of a tertiary care hospital: a pilot study.
P6-09	Association between choline intake and fibrosis regression in MASLD: The FLiO Study
P6-10	Effect of hypercaloric hyperproteic supplementation with fiber in patients with disease-related malnutrition through muscle ultrasound assessment assisted by artificial intelligence (AI)
P6-11	Revisiting ultra-processed food classification: toward a multidimensional, evidence-based framework for nutrition policy
P6-12	Association of handgrip strength and GLIM Criteria with APACHE II severity on ICU admission
P6-13	Study protocol for prospective and unicentric controlled trial on the efficacy of a low-gluten, casein-free, and high-glycemic-index carbohydrate-restricted diet in patients with autoimmune thyroiditis
P6-14	Adjustment of Caloric and Protein Requirements in Patients Undergoing Active Oncologic Treatment

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