

## Listado póster – XI Reunión de Jóvenes Investigadores

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Código DEF.	Título
YP-01	Unlocking the nutritional quality and protein digestibility of <i>Pleurotus ostreatus</i>
YP-02	Protein digestibility and nutritional quality of edible seaweeds: influence of cell wall composition and architecture
YP-03	Fermentation behavior of apple pomace-derived pectin: monosaccharide dynamics and relevance for functional food applications
YP-04	Vegetal protein obtention from pistachios acquired as a byproduct of the food industry: A research project.
YP-05	Modulation of gut microbiota by beverages with fermented buttermilk and curcumin in obese mice
YP-06	Metabolomic and proteomic signatures of gestational diabetes predicting long-term risk of type 2 diabetes in the UK Biobank
YP-07	Effects of a Mediterranean diet without red and processed meat on plasma metabolomics: results from the CADIMED randomized controlled trial
YP-08	Exploring how genes and eating-related factors shape childhood obesity: a scoping review
YP-09	Valorization of apple pomace: proximal composition and antioxidant capacity of its bioactive extract
YP-10	Preliminary study on levels of Deoxynivalenol in wholegrain flours marketed in Castilla y León
YP-11	The food imagination on social media: misinformation, ethical responsibility, and its impact on eating disorders
YP-12	In vitro blood-brain barrier permeability of hydroxytyrosol, tyrosol and homovanillic acid metabolites
YP-13	Postbiotics for the management of obesity and insulin resistance. Role of extracellular vesicles as potential effectors
YP-14	Effect of eight weeks of creatine monohydrate plus $\beta$ -hydroxy- $\beta$ -methylbutyrate supplementation on body composition in adults with Down syndrome
YP-15	Effects of a Mediterranean diet without red and processed meat on cardiometabolic markers and dietary intakes: a randomized controlled trial
YP-16	Impact of the Mediterranean diet and extra-virgin olive oil on sleep quality and psychological health

## XXXV CONGRESO NACIONAL DE LA SOCIEDAD ESPAÑOLA DE NUTRICIÓN

24-26 junio  
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24 junio  
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SEDE: PALACIO DE CONGRESOS CONDE ANSÚREZ, UNIVERSIDAD DE VALLADOLID

YP-17	Effects of administering Opuntia extracts for the prevention of metabolic dysfunction in a dietary rodent model
YP-18	Fecal fermentation of figs promotes genoprotection in colonic epithelial cells
YP-19	Sodium Intake in Heart Transplant Recipients in Brazil: Adherence to Non-Pharmacological Treatment
YP-20	Disentangling the relationship of inflammation and appetite in individuals with obesity: a multi-omics approach.
YP-21	Collective food services in contexts of vulnerability: a nutritional proposal for pregnant women in Niaguis, Senegal
YP-22	Mediterranean diet adherence and metabolic syndrome across residential settings in older adults: a cross-sectional study in Segovia, Spain
YP-23	Updated food composition of cereal-based gluten free products in Spain: A comparative analysis between 2019 and 2026
YP-24	Vitamin C intake and brain electrophysiological activity in adults at different risk of Alzheimer's disease
YP-25	Short-term intra- and interday variations of plasma diamine oxidase (DAO) activity.
YP-26	Personalized perioperative nutrition as a determinant of functional recovery after orthognathic surgery in grade III cleft lip and palate
YP-27	The Influence of Mediterranean and Western Dietary Patterns on Sensory Perception and Taste Sensitivity: A Study Among University Students
YP-28	Elderly Resistance vs. Youthful Acceptance: A Study on Insect Consumption across Age Groups
YP-29	Pistachio Drink Valorization: A Plant-Based, Antioxidant-Rich Alternative to Whey for Athletic Nutrition
YP-30	Protective effects of Mediterranean diet and extra-virgin olive oil polyphenols in cognitive decline and dementia
YP-31	Lifestyle patterns and cardiometabolic risk in rural and urban older adults: a cross-sectional study in Segovia, Spain
YP-32	Impact of mediterranean diet adherence levels on metabolic syndrome risk: Evidence from a cross-sectional study.
YP-33	Healthy foods for a healthy life: implementation of a school-based health education program on nutrition and healthy habits in preschool children
YP-34	Device-measured active commuting to and from school related to health, physical fitness, body composition and academic performance in adolescents: the CPASOSoria study
YP-35	Physical Activity Practice Among Heart Transplant Recipients in Brazil: Adherence to Non Pharmacological Treatment

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